

# CITY OF CITRUS HEIGHTS

# REACH OUT

Residents' Empowerment Association of Citrus Heights

VOLUME 2 ISSUE 2

FEBRUARY 2013



*A Monthly  
Publication to  
Keep Area  
Residents  
Informed of City  
Projects and  
Events*



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## UPCOMING EVENTS



- Monday, February 4 ..... 7:00 pm..... History and Arts Commission Meeting
- Monday, February 4 ..... 6:30 pm..... REACH Meeting
- Wednesday, February 13 ..... 7:00 pm..... Planning Commission Meeting
- Thursday, February 14..... 7:00 pm..... City Council Meeting
- Monday, February 18 ..... City Hall CLOSED - President's Day
- Tuesday, February 19 ..... 3:00 pm..... Citrus Heights Oversight Board Meeting
- Saturday, February 23 ..... 8:00 am..... Household Hazardous Waste Drop-off Event
- Wednesday, February 27 ..... 7:00 pm..... Planning Commission Meeting
- Thursday, February 28..... 7:00 pm..... City Council Meeting

These dates are subject to change: For up-to-date information about events please refer to the City website at: [www.citrusheights.net](http://www.citrusheights.net)

## City Hall Phone Directory

City Hall Offices	725-2448
Community Center	727-5400
Building Division	727-4760
Business Licenses	727-4907
Garbage/Recycling	725-9060
General Services	727-4770
Job Line	727-4900
TDD	725-6185
Animal Control	725-PETS
Planning Division	727-4740
Pothole Reporting	727-4770

## Police

General Business	727-5500
Non-Emergency Dispatch	727-5500
Watch Commander	727-5522
Crimes tip-line	727-5524
Narcotics tip-line	727-5523
Traffic hotline	727-5525
Code Enforcement	725-2845
Emergency from Cell Phone	726-3015
Emergency Services	dial 9-1-1





## From the Desk of the Chief



Recently, the issue of mental health, as it relates to incidents of violence and crime, has been a topic of national discussion. The issue, however, is not new and has been one of major concern for law enforcement officials for years. In fact, law enforcement personnel routinely respond to calls for service involving disturbances caused by individuals suffering from mental and behavioral health problems, and our correctional institutions are disproportionately populated with these same individuals. Most behavioral health disorders begin in childhood or adolescence. Interestingly, studies show that children living in situations whereby they witness a greater number of traumatic events are more likely to develop future mental/behavioral health problems - to include substance abuse. Obviously, it is in everyone's best interest if these kinds of 'problems' are recognized as soon as possible, and the youth in question receive appropriate support and treatment. Early intervention may mitigate later instances of violent outburst and criminal activity perpetrated by individuals in advanced stages of undiagnosed, untreated mental/behavioral illness. Equally detrimental, the ongoing cycle of incarceration/release is expensive and now, due to AB-109, regularly discharges repeat offenders into our community. This 'cycle' is why our youth services are a priority at CHPD. The programs we have implemented for the youth in our community are designed to create interaction between law enforcement and children/adolescents. This collaboration accomplishes a number of goals, one of which is to help us identify families who may need additional services or assistance. Recognizing the signs, and addressing the special needs of children in higher risk scenarios, or who display evidence of mental/behavioral health issues early, is key. As well, through programs such as the Citrus Heights Police Activities League (CHPAL), and our Youth Academy, local children are introduced to law enforcement in a positive setting, as role models, and even as friends. These connections, as the children grow, go a long way toward preventing crime and enhancing the safety of our community.

Learn more about what CHPD has to offer for youth at [www.citrusheightspd.net](http://www.citrusheightspd.net).



## Trim Your Waste for a Chance to Win \$100!



During the month of February 2013, an Allied Waste Services representative will randomly select a residential recycle cart from each Neighborhood Association Area to check its contents.

**The first household with no contaminants (i.e. non-recyclables) in their recycle cart will be awarded a \$100 prize.** At the end of the contest, the winners from the 10 neighborhood areas will be contacted by Allied Waste, inviting them to a City Council meeting where they will be recognized for their recycling efforts. Their names will be entered into a drawing to win the Grand Prize, a \$200 gift card.

If you do not wish to participate, please contact Customer Service at (916) 725-9060 or (916) 638-9000.

## Transit Services



Have you tried the City Ride?

Sacramento Regional Transit staff will be doing presentations at neighborhood association meetings and other venues during the next few months. All are welcome to attend. The City Ride will be at the Area 1 meeting on February 19 and at Area 10 (SOAR) on March 25. Please see the neighborhood [web pages](#) for information on times and locations.

For more information about the City Ride program, please go to the [RT web page](#). Do you have any ideas about outreach and education for the City Ride?



Please call 916.727.4730 or email [mpoole@citrusheights.net](mailto:mpoole@citrusheights.net) to share your thoughts!



## CANCER PREVENTION STUDY-3

Research today for a cancer-free tomorrow.

### **YOU ARE INVITED**

Have you been impacted by cancer, whether it be yourself or a loved one?

Are you passionate about helping to discover better ways to prevent, treat, and hopefully cure cancer?

The American Cancer Society's Sacramento office is currently recruiting volunteers who are willing to serve as a Cancer Prevention Study-3 (CPS-3) Community Champion.

### **Please join us for a kick off event!**

Tuesday, February 26, 2013

Trellis Hall

(located in the patio area behind the General Services Department,  
at the City of Citrus Heights)

7119 Greenback Lane

Citrus Heights

Registration will begin at 11:50am and the one hour program will begin at Noon. At this event, you will be presented with all the information you need to help educate the community about CPS-3.

Whether you are a Survivor, Caregiver to a cancer patient, or are interested in honoring a friend or loved one who has battled cancer, you are invited to serve as a CPS-3 Champion. As a volunteer champion, you will be making a difference by supporting this once-in-a-generation, historic research study.

RSVP by Friday February 1, 2013 at (916) 446-7933 option 3 extension 325 or email.

[Deryl.wallace@cancer.org](mailto:Deryl.wallace@cancer.org)

Refreshments will be served.

For information about CPS-3, visit [www.cancer.org/cps3](http://www.cancer.org/cps3) or call toll free, 1.888.604.5888.

[www.greatersacramentocps3.org](http://www.greatersacramentocps3.org).



THE OFFICIAL SPONSOR OF BIRTHDAYS.™

## Annual Spay Day - Make a Spay Day Appointment



On Sunday, March 3, 2013, hundreds of pets belonging to income-qualified families in Sacramento and Yolo Counties will have an opportunity to receive low-cost spay/neuter surgeries and more as part of Spay Day Sacramento.

### Who is eligible for Spay Day?

Residents of Sacramento and Yolo Counties who receive public assistance and/or have a household income of \$35,000 a year or less. Proof of public assistance or income is required to receive a Spay Day appointment. If you do not meet these requirements, please see our list of **low-cost spay/neuter programs in the Sacramento area** for other options.

### How do I request an appointment?

Fill out our **online application**. Applicants will be required to submit proof of income. Filling out the application does not guarantee you will receive an appointment.

### How much does Spay Day cost?

\$15 per cat and \$20 per dog. Limit two pets per household.

### What does each animal receive on Spay Day?

- Spay or neuter surgery
- Core vaccinations
- Microchip identification and registration
- Dose of flea preventative

### Where does Spay Day take place?

At 19 veterinary clinics and animal shelters in Sacramento and Yolo Counties.

### What if I can't wait for Spay Day?

Please view our **list of other low-cost spay/neuter programs** in the Sacramento area.

### How can I spread the word about Spay Day?

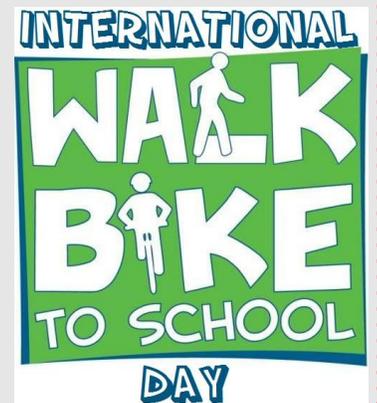
Please download and share our informational flier: [\[English\]](#) [\[Spanish\]](#)



## Safe Routes to School Walkability and Bikability Project

Work continues on the Safe Routes to School Walkability and Bikability Project. Over the past two years, staff has been working with San Juan Unified School District (SJUSD) and Walk Sacramento to conduct walk and bike audits for each SJUSD school within the City serving students from kindergarten through 8<sup>th</sup> grade. During the final year of the project, the team is finalizing the reports and plans for each school. Community input meetings will be scheduled starting in late April. Stay tuned – and stay connected to your neighborhood association to keep you informed!

**SAVE THE DATE!** May 8, 2013 is International Bike to School Day! Contact your neighborhood school to see what activities they are planning and how you can participate.



# Household Hazardous Waste Drop-Off Event

*Saturday, February 23, 2013*

*8:00 a.m. to 1:00 p.m.*

*6196 Sunrise Mall, back parking lot (Behind Women's Macy's)*

Mark your calendars for the first HHW drop off event for 2013. Check your garage, shed and yard for any old or unused household chemicals, old gasoline, pesticides, fluorescent lamps and tubes that have been piling up in the corner and take them out to the back parking lot (behind Women's Macy's) at Sunrise mall on Saturday, February 23 (between 8:00 a.m. and 1:00 p.m.). **PLEASE NOTE: The drop off events no longer accept household batteries, used oil or sharps** as these items can all be picked up at the curb on Recycling Collection day (used oil and household batteries) or via appointment at your front door (sharps).

Look for your reminder postcard in the mail in the next few weeks! Questions? Want to make an appointment? Call Allied Waste at (916) 725-9060 or (916) 638-9000.



## The First of Three FREE Household Hazardous Waste (HHW) Drop-off Events for 2013 Is Coming Up!

The City of Citrus Heights and Allied Waste are hosting a FREE Household Hazardous Waste (HHW) drop-off event on February 23 to help you properly recycle and dispose of your unwanted household hazardous waste. It's a safe and convenient way to protect our environment.

**Appointments are strongly encouraged, but not required.** Please call (916) 725-9060 or (916) 638-9000 to schedule an appointment or for more information. This program is for Citrus Heights residential customers serviced by Allied Waste only.

**Proof of Citrus Heights residency** (such as a recent bill) **is required for the event.** Please, no commercial customers or businesses.

**Acceptable Materials:**

- ▶ household chemicals
- ▶ household cleaners
- ▶ acids
- ▶ automotive fluids
- ▶ pesticides
- ▶ vehicle batteries
- ▶ gasoline
- ▶ paints
- ▶ solvents
- ▶ fluorescent lamps/tubes

**Unacceptable Items:**

- ▶ ammunition
- ▶ explosives
- ▶ pharmaceuticals
- ▶ radioactive material
- ▶ household batteries
- ▶ home generated sharps
- ▶ used oil

*NOTE: Used motor oil, household batteries and home generated sharps are no longer being accepted at the HHW Drop-off Events. Citrus Heights residents can recycle and properly dispose of these items through home and curbside collection provided by Allied Waste Services. Call Allied Waste Services for more information or to schedule an appointment.*



## Saturday, February 23, 2013

8 a.m. – 1 p.m.

Back parking lot of Sunrise Mall  
(behind Women's Macy's)  
6196 Sunrise Mall, Citrus Heights

**UPCOMING DROP-OFF DATES**

**Sat., June 15, 2013**

**Sat., October 19, 2013**

Both days, from 8 a.m. – 1 p.m. in the back parking lot of Sunrise Mall



# Citrus Heights Community Center

Currently, the Community Center bookings are at 2360, and staff continues to book events daily. We are booked out one year in advance but receive many requests for two to three years ahead. Our goal for event totals for fiscal year 2012/13 is an additional 2,000 bookings. We are averaging 65 event

bookings a month and handling more than 50 calls a day.

Additional volunteers for the front counter are still needed and we continue to look for interested folks willing to dedicate some time to us. Persons interested in volunteering can call 916-727-5400.



# Sylvan Community Center

The Sylvan Community Center located at 7521 Community Drive in Citrus Heights is now open. The City is accepting rental applications for one-time use events and recurring meetings. The Sylvan Community Center facility is furnished with tables and chairs and includes a full kitchen and bathroom facilities. Parking is also available on site. The maximum building capacity for a meeting or general assembly is 65 people or 50 people for a dinner or banquet. The Sylvan Community Center is an alcohol and smoke free venue. To check for availability and pricing, call (916) 727-5400 or email [sylvancommunitycenter@citrusheights.net](mailto:sylvancommunitycenter@citrusheights.net).



# Road Construction Projects

Project	Status
Sunrise Blvd Complete Streets Phase I – Oak Ave to Antelope Rd	After shutting down for the Holiday Moratorium, Teichert resumed work on Sunrise Boulevard on January 8 <sup>th</sup> . Weather permitting; they will continue to focus on completing the curb, gutter, sidewalk and driveway entrances along the east side over the next 4-5 weeks. During this same period, their signal subcontractor will install the new signal systems at Antelope Road, Old Auburn Road and Oak Avenue. A schedule for the final paving, striping and landscaping, which are more weather dependent operations, will be developed when the concrete and signal work wrap up in late February.
Watson Way Drainage Improvements Project (Area 6&7 Master Plan Implementation)	30% plans and estimate were reviewed and comments provided to the consultant. Project is scheduled for construction in early spring.
Antelope Rd Accessibility and Safety Improvements Project	The contractor, McGuire & Hester (M&H), has completed approximately 90% of the project, including all traffic signal upgrades. The project is currently on winter weather suspension, and the final micro-surfacing and restriping (on both Antelope Road and Lauppe Lane) has been postponed until late spring 2013 when the average daytime temperatures are high enough to ensure a quality product.
Sylvan Road / Stock Ranch Road Intersection Improvements Project	GSD and the design consultant will hold a public information meeting for residents along the project route late January. After receiving public input, the consultant will prepare the 65% plans for the project for City review. Final design is expected in late spring with construction to follow this summer and fall.
Mariposa Ave Safe Routes to School Phase II Sidewalk Infill Project	The contractor, Martin General Engineering (MGE), has completed 95% of the project. They are currently working on a punch list of items to be cleaned up/corrected prior to final acceptance.
2012 Bus Stop Improvements Project, Phase II	The design consultant, Dokken Engineering, has submitted the 65% plan set, and the project team and RT are currently reviewing them. Construction will occur in the spring of 2013.
FEMA Update to Flood Insurance Rate Maps (FIRMs)	Project notifications were emailed to the affected residents on January 14, 2013. Field work is scheduled to begin the week of January 21 <sup>st</sup> .



## California Law Permits Sale of Some Baked Goods

Effective January 1, 2013, AB 1616 allows certain types of food to be prepared in home kitchens and sold directly to consumers and restaurants. This is a significant change for those interested in developing this type of home-based business. Previously, all food was required to be prepared in commercial kitchens. The new law allows the following foods to be made in a home kitchen:

- ◆ Baked goods without cream, custard, or meat fillings, such as breads, biscuits, churros, cookies, pastries, and tortillas
- ◆ Candy, such as brittle and toffee
- ◆ Chocolate-covered nonperishable foods, such as nuts & dried fruit
- ◆ Dried fruit, dried pasta, dry baking mixes, granola, cereals & trail mixes
- ◆ Fruit pies, fruit empanadas and fruit tamales
- ◆ Herb blends and dried mole paste
- ◆ Jams, jellies, preserves, and fruit butter
- ◆ Honey and sweet sorghum syrup
- ◆ Nut mixes and nut butters
- ◆ Vinegar and mustard
- ◆ Popcorn, waffle cones and pizelles
- ◆ Roasted coffee and dried tea

Depending on if the business is directly selling to a consumer or a third-party retailer different permits and inspections are required from Sacramento County Environmental Management Department. In addition, cottage food operations must also obtain a business license from the City of Citrus Heights Finance Department. Business licenses are issued at City Hall (6237 Fountain Square Drive) from 8:00 a.m. to 5:00 p.m. Monday-Friday, except holidays.

For those interested in selling cottage foods, contact Sacramento County Environmental Management Department at (916) 875-8484 and the City of Citrus Heights Finance Department at (916) 725-2448 for more information.



## Find Available Properties for Lease & Sale in Citrus Heights

Is your business looking to relocate? Citrus Heights offers wide variety of available office and retail spaces. In order to make it easy to find the location that suits your needs, Broker's Corner offers a list of properties for lease or sale within the city.

Visit [LocateinCH.net](http://LocateinCH.net) to start browsing the available properties in Citrus Heights today. For properties located within the Sunrise MarketPlace, visit [LocateinSMP.com](http://LocateinSMP.com). For more information on the property, contact the listing agent. Prior to signing a lease agreement, be sure to contact the Planning Division at (916) 727-4740 to ensure zoning requirements have been met.

For more information about the benefits of locating in Citrus Heights, please contact Devon Rodriguez at (916) 725-2448 or by email.

## Your Home is Required to have a Carbon Monoxide Detector

Effective January 1, 2013, all single family and multi-family dwellings are required by Senate Bill 183 to have working carbon monoxide devices. Single family and multi-family dwellings are structures that are intended for human occupancy with fuel burning appliances, fireplace or attached garage.

The code states "with respect to the number and placement of carbon monoxide devices, the devices shall be installed in a manner consistent with building standards applicable to new construction for the relevant type of occupancy." Dwellings are required to have a working device outside each sleeping area, on each story and in the basement.

Contact the Building Division at (916) 727-4760 Monday through Friday, 8:00a.m to 5:00p.m. for more information.

## CHPD Announces Free Catalytic Converter Engraving

Motorists can have catalytic converters etched with their license plate numbers for free in Citrus Heights. The Citrus Heights Police Department (CHPD) is teaming up with Scott's Econo Lube N' Tune to offer the service in an effort to reduce the theft of the emission control devices.

The engraving will take place from 10 a.m. to 2 p.m. Feb. 9 at Scott's Econo Lube N' Tube, 8013 Arcadia Drive near the Sunrise Mall.

Recently, the Sacramento region has experienced an increase in the theft of catalytic converters. Pick-ups and SUVs are targeted because they sit higher off the ground, making it easier for thieves to slide under the vehicle. According to the CHPD, thefts have occurred from vehicles parked in shopping centers, residential driveways and public roadways.

If you see anyone suspicious working beneath a parked vehicle, you are urged to contact your local police department. To help prevent thefts, authorities recommend etching identifying numbers on the catalytic converter. Other methods include installing locking devices on or around the catalytic converter.

For more information, contact the Citrus Heights Police Department at (916) 727-5500.

## Citrus Heights Collaborative

The Citrus Heights Collaborative held its annual Planning Meeting on December 14, 2012. A variety of educational and workshop topics were recommended and a calendar showing the schedule for the coming year will be available shortly. The next meeting on January 11, 2013 will provide information on health coverage options for low income households and changes being implemented due to recent state and federal regulations.



## Continuum of Care Advisory Board

The Advisory Board met on January 30, 2013. Sacramento Steps Forward (SSF) has completed two significant major accomplishments:

1. Submission of the annual application to HUD for funding for the next program year, including 34 project applications related to housing and services for the homeless under the HEARTH Act.
2. The annual county-wide Point in Time Count of homeless individuals required by HUD was completed with 300 volunteers on January 24, 2013. This year data was collected by age group for the first time, allowing youth from ages 18-24 to be counted separately. This is significant because homeless youth in this age group have unique challenges.

The Advisory Board began in its current form in March 2012. A change in the Bylaws was approved this month to allow those Board Members whose terms would be expiring in March 2013 to continue for a total of three one-year terms. This change allows the current City of Citrus Heights representative to continue to serve on the Advisory Board for two additional one year terms.

The following presentations were made:

### Socks from the Heart

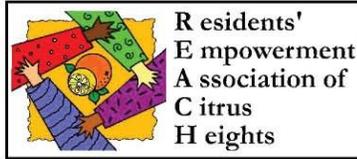
County Supervisor Phil Serna presented a certificate of appreciation to Mathew Paul Johnson, a fifth grader who initiated a program called Socks from the Heart in 2011. This young man's program has collected over 6,000 pairs of socks and delivered them to needy individuals throughout the community.

### Mather Community Campus

The Mather Community Campus has been providing housing and services, including employment, training and childcare for its participants, in Sacramento County for 18 years. It currently houses 184 singles and 60 families and is 99% occupied with 200 names on the waiting list. On average, it takes 2-3 months to process those requests.



# COME JOIN YOUR NEIGHBORS!



## Your Local Neighborhoods Help Make Citrus Heights a Great Place to Live!

*Get involved and make a positive impact in your neighborhood!*

Congratulations! As a resident of Citrus Heights, you are a member of a Neighborhood Association! You are invited to join your neighbors at their regular meetings, to volunteer in local events and make a difference in your community! The Neighborhoods are here to help you. Best of all, you don't have to pay dues or own your home in order to belong.

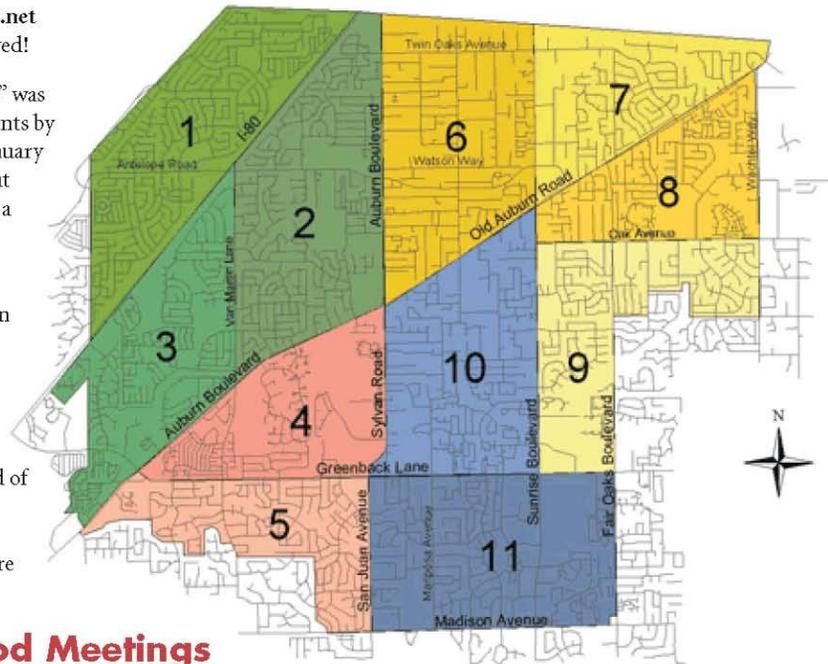
Anyone who lives, rents, or owns property or a business in Citrus Heights can get involved! Citrus Heights is divided into 11 Neighborhoods, and each Neighborhood is represented by a Neighborhood Association (Areas 7 & 8 are combined). Visit the City's website [www.citrusheights.net](http://www.citrusheights.net) and find out more information about how to get involved!

Did you know that the creation of the "Neighborhoods" was voted by the public as one of the Top 10 Accomplishments by the City of Citrus Heights since its incorporation in January 1997? You owe it to yourself and your family to find out why so many think the Neighborhood Associations are a wonderful benefit for residents of Citrus Heights!

The area groups usually meet once a month to solve neighborhood issues such as traffic or crime, to work on various projects, to host City information sessions, to network, have fun and much more.

All of the Neighborhoods are part of REACH (Residents' Empowerment Association of Citrus Heights). REACH is a coalition that consists of a Board of Directors composed of a representative from each neighborhood. REACH meets the 1<sup>st</sup> Monday of each month at 6:30 p.m. in Trellis Hall (6237 Fountain Square Drive - behind the General Services Building).

**Check the map for the Neighborhood Group covering your area:**



### Citrus Heights Neighborhood Meetings

*You're invited to attend a meeting in your neighborhood! All meetings start at 7:00 p.m.*

Area #1 - Northwest	Sierra Meadows Mobile Estates (7600 Daly Ave.)	3 <sup>rd</sup> Tuesday
Area #2 - Rusch Park	Ascension Lutheran Church (7607 Garden Gate)	3 <sup>rd</sup> Thursday
Area #3 - CHANT	Trellis Hall (6237 Fountain Square Dr.)	2 <sup>nd</sup> Tuesday
Area #4 - Arcade Creek	Trellis Hall (6237 Fountain Square Dr.)	1 <sup>st</sup> Tuesday
Area #5 - Park Oaks	Advent Lutheran Church (5901 San Juan Ave.)	3 <sup>rd</sup> Thursday
Area #6 - Sunrise Ranch	Twin Oaks Ave Baptist Church (7690 Twin Oaks)	4 <sup>th</sup> Tuesday
Areas #7/8 - CHASE	Big Oak Mobile Home Park (8300 Old Auburn Rd.)	3 <sup>rd</sup> Tuesday
Area #9 - Sunrise Oaks	Sun Oak Baptist Church (7227 Canelo Hills)	1 <sup>st</sup> Wednesday
Area #10 - Sylvan Old Auburn	Citrus Heights Community Club House (6921 Sylvan Rd.)	4 <sup>th</sup> Monday
Area #11 - Birdcage Heights	Skycrest School (5641 Mariposa Ave.)	3 <sup>rd</sup> Wednesday